



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MY Y STORY



The Y has been a great place for my family - especially for my daughter Justine, who has Spina Bifida. Due to her condition, she has to use a wheelchair. She never thought she would ever be able to be a cheerleader. Thanks to some very special coaches, Erica and Shirley, who decided to open a special needs cheer team, they made it possible for Justine to become a cheerleader. The best part is seeing the relationships grow between the teammates and also between the parents.

Going to the competitions with all the other cheer teams is so exciting for the kids. Erica and Shirley have done a wonderful job teaching the team and making them feel just as important as all the other cheer teams. The other teams and parents have been a great support of the special needs cheer team as well! Having this at the Y for my daughter has been such a blessing and I am so grateful to be a part of the Y family. - Tracy Porath