

October Pool Schedule

Designates Open Swim Time

* Designates Adult Lap ONLY when there are less than 20 class participants in the pool

Adult Lap - Members 15 yrs. and older

Open - All member following YMCA policy

Open/Lap - Both open swim and lap

[*Important Dates:*](#)

*SHS Swim Team practice begins Oct. 28th at 3:30pm.

In our continuing effort to provide the highest safety standards for our members and guests, there will always be at least one lifeguard on duty.

A responsible adult must be in the water with children 6 years of age and younger. If the child is 7 or older and is able to pass a swim test provided by the YMCA lifeguard the parent or guardian can leave the pool area as long as they stay in the facility.

Children must be able to pass a swim test given by a YMCA lifeguard in order to swim in the deep end.

During Open/Lap times a Member must be 15+ years older to be able to swim in the lap lane.

Y swim meet 10/19 pool closes at 1pm

Pool will be closed from 1:00pm to 3:00pm on Oct the 26th for Floating Pumpkin Patch

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM		Adult Lap 5:00-8:00	Adult Lap 5:00-8:00	Adult Lap 5:00-8:00	Adult Lap 5:00-8:00	Adult Lap 5:00-8:00	
		Aqua Aerobics 8:00-8:45	Open/Lap 8:00-10:45	Aqua Aerobics 8:00-8:45	Open/Lap 8:00-10:45	Aqua Aerobics 8:00-8:45	Adult Lap 8:00-9:30
		Open/Lap 8:45-11:00		Open/Lap 9:00-11:00	*Preschool Swim Lessons 9:00-10:30	*Preschool Swim Lessons 9:00-10:00	Lessons 9:30-11:15
				Aqua Aerobics 10:45-11:30	Aqua Aerobics 10:45-11:30		
		Senior Social, Power Walk 11:00-11:45	Open/Lap 11:30-12:00	Senior Social, Power Walk 11:00-11:45	Open/Lap 11:30-12:00	Senior Social, Power Walk 11:00-11:45	*Open/Lap 11:15-4:30 (Pool closed the 26th from 1-3pm Pool closed the 19th at 1pm swim meet)
PM		Adult Lap 12:00-1:00	Adult Lap 12:00-1:00	Adult Lap 12:00-1:00	Adult Lap 12:00-1:00	Adult Lap 12:00-1:00	
		Open/Lap 1:00-4:30*	Open/Lap 1:00-4:00*	Open/Lap 1:00-4:00*	Open/Lap 1:00-4:00*	Open/Lap 1:00-4:00*	
		*SHS Swim 3:30-4:30 (Beginning 28th)	*SHS Swim 3:30-4:30 (Beginning 29th)	*SHS Swim 3:30-4:30 (Beginning 30th)	*SHS Swim 3:30-4:30 (Beginning 31st)	*SHS Swim 3:30-4:30 (Beginning 1st)	
		Lessons 4:30-5:30	Open/Lap 4:00-6:30	Lessons 4:30-5:30	Open/Lap 4:00-6:30	Lessons 4:30-5:30	
		Open/Lap 5:30-6:30		Open/Lap 5:30-6:30			
		Stingray Swim 6:30-8:30	Stingray Swim 6:30-8:30	*Stingray Swim 6:30-8:30	Stingray Swim 6:30-8:30	Open/Lap 5:30-9:30	
	Adult Lap 8:30-9:30	Adult Lap 8:30-9:30	Adult Lap 8:30-9:30	Adult Lap 8:30-9:30			