

September Pool Schedule

Designates Open Swim Time

* Designates Adult Lap ONLY when there are less than 20 class participants in the pool

Adult Lap - Members 15 yrs. and older

Open - All member following YMCA policy

Open/Lap - Both open swim and lap

Important Dates:

*Swim team conditioning starts the 10th 6:30pm-7:30pm(only 2 lanes). Pool is open to the public

*Swim Team Try-outs begin Sep 30th 6:30-8:30 pm

In our continuing effort to provide the highest safety standards for our members and guests, there will always be at least one lifeguard on duty.

A responsible adult must be in the water with children 6 years of age and younger. If the child is 7 or older and is able to pass a swim test provided by the YMCA lifeguard the parent or guardian can leave the pool area as long as they stay in the facility.

Children must be able to pass a swim test given by a YMCA lifeguard in order to swim in the deep end.

During Open/Lap times a Member must be 15+ years older to be able to swim in the lap lane.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM		Adult Lap 5:00-8:00	Adult Lap 5:00-8:00	Adult Lap 5:00-8:00	Adult Lap 5:00-8:00	Adult Lap 5:00-8:00	
		Aqua Aerobics 8:00-8:45	Open/Lap 8:00-10:45 Aqua Aerobics 10:45-11:30	Aqua Aerobics 8:00-8:45	Open/Lap 8:00-9:00	Aqua Aerobics 8:00-8:45	Adult Lap 8:00-9:30
		Open/Lap 8:45-11:00		Open/Lap 8:45-11:00	*Child Care 9:00-10:30	*Child Care 9:00-10:00	Lessons 9:30-11:15
					Open/Lap 9:00-10:45	Open/Lap 8:45-11:00	
		Senior Social, Deep Water 11:00-11:45	Open/Lap 11:30-12:00	Senior Social, Deep Water 11:00-11:45	Open/Lap 11:30-12:00	Senior Social, Deep Water 11:00-11:45	Open/Lap 11:15-4:30
PM		Adult Lap 12:00-1:00	Adult Lap 12:00-1:00	Adult Lap 12:00-1:00	Adult Lap 12:00-1:00	Adult Lap 12:00-1:00	
		Open/Lap 1:00-4:30	Open/Lap 1:00-7:30	Open/Lap 1:00-4:30	Open/Lap 1:00-7:30	Open/Lap 1:00-4:30	
		Lessons 4:30-5:30	6:30-7:30 Swim team conditioning starts the 10th(only 2 lanes)	Lessons 4:30-5:30	6:30-7:30 Swim team conditioning starts the 10th(only 2 lanes)	Lessons 4:30-5:30	
		Open/Lap 5:30-8:30	Energetic Water Dance 7:30-8:00	Open/Lap 5:30-8:30	Energetic Water Dance 7:30-8:00	Open/Lap 5:30-9:30	
		Adult Lap 8:30-9:30	Adult Lap 8:00-9:30	Adult Lap 8:30-9:30	Adult Lap 8:00-9:30		