



WORKING TOGETHER TO MAKE A GREAT PLACE EXTRAORDINARY

**SIDNEY-SHELBY COUNTY YMCA
2019 ANNUAL REPORT**

BUILDING A BETTER US

Since 1968, the Sidney-Shelby County YMCA has been serving the Shelby County area as a charitable organization that began with a powerful idea and belief – to strengthen the foundation of the families in our community. 52 years later we as a Y are as committed to embracing those same ideals as we strive to serve and strengthen all in mind, body and spirit.

At a glimpse, the highlights you'll find in this year's Annual report are a collection of life's encounters where the Y is the common denominator. However, when you look more closely, you realize it's a familiar narrative: it's the story of us. It's our story because we've grown together. In 2019 over 9,000 lives were served and impacted as a result of the combined efforts and commitment of our incredible volunteers, donors and staff.

One thing we have learned, you can never underestimate the power of relationships made at the Y. We see them every day, everywhere we look. It's the friendships that are formed in our full day Child Development Program. It's a survivor with an open heart and a voice of encouragement found in the LIVESTRONG at the Y. It's that community that reaches out and helps one another to rebuild lives when lives have been shaken to the core. These relationships are as special and diverse as the individuals who form them.

We are proud to present our 2019 Annual Report. Reflecting on this year's tremendous efforts by the hands of so many reinforces the idea that the Y is one big family. And just like families evolve, we as a Y recognize the importance of changing and growing as well to continue to meet your needs and those of our community while staying true to our Christian mission. Your continued support makes all of our programs and impact possible. We couldn't begin to touch as many lives as we do without your on-going generosity and encouragement.

The Y is truly so much more than a gym, we are a cause dedicated to building and strengthening a community for all. Thank you for supporting this mission. Thank you for being a very special part of our family and finally thank you for joining us in helping to make a lasting impact in the Shelby County community.



Ed Thomas
CEO



Rhonda Keister
Board President

BOARD OF TRUSTEES

Craig Albers, *Treasurer*
Will Balling, *Immediate Past President*
Kevin Behr
Nathan Burns, *Secretary*
Duane Gaier
John Grazioso, *Vice President*
Jeff Hobbs
Bob Humble
Rhonda Keister, *President*
Dan McMahon
Beth Mullen
Susan Shaffer
Jamie Westfall



**SERVE one
another humbly
in LOVE.**

Galatians 5:13

2019 VOLUNTEERS OF THE YEAR



Administration	Aditya Sakhalkar
.	John Grazioso
Aquatics	Laural Brooks
.	Krista Fields
Building & Property	Nate Burns
Child Development Center .	Nancy Boyd
Youth	Chris North
Kinetics	Laura Brookhart
Membership & Marketing .	Kevin Behr
Wellness	Maribel Huelskamp

STORIES OF IMPACT: WAYS THE Y IS MAKING A DIFFERENCE IN OUR COMMUNITY



Sarah, bottom right, practices cheer stunts with some of her teammates.

Sarah's Story:

Sarah has made such good friends through the Superstars Special Needs Cheer Program. I wish I could tell you that Sarah has tons of friends and her average day is full of rainbows and butterflies, but that is not true. Most of Sarah's days are gray and gloomy.

Kids make fun of her, what she wears, how she talks, and her thought process. I make a point to ask Sarah how was your day today. Sometimes she tells me of a friend at school that liked her shirt or shoes. (Sarah loves shoes.) But most of the time she asks if she could go to another school – one where there are nicer people. The sad thing is I don't know if there is one. But through it all I remind Sarah how amazing she is God made you just as you are supposed to be.

Walk with your head high Sarah because you are so smart, so beautiful, and so amazing. Just ask Sarah, she will tell you Mondays are the best because she gets to go to CHEER at the Y!! She loves this program so very much!! She is just one of the girls here. She makes best friends here. Here she is a darn good cheerleader!! So I want to say thank you. Thank you to the YMCA, the coaches, and the sponsors for allowing my daughter to be just one of the girls!!!!

STORIES OF IMPACT: WAYS THE Y IS MAKING A DIFFERENCE IN OUR COMMUNITY



Grace's Story:

Grace has hated water since infancy, due to a sensory processing disorder. Her occupational therapist suggested that Grace get involved in more physical activities as they help to regulate the sensory systems. Swim has been particularly challenging because it uses so many of the sensory systems at once. So a consistent, 1-on-1 teacher in a quieter pool has been a game changer for Grace. She doesn't have to battle through processing a lot of "extra" stuff and can focus on the lesson. Grace can now do a 30 minute lesson independently in the pool swimming both in the shallow and deep end.

Grace has built trust with her swim instructor and her parents have seen tremendous growth in her confidence and ability to handle situations both in and out of the pool since their family joined the Y. Sometimes swim lessons are about learning lots more than just how to swim well!

Grace's parents regret not joining the Y sooner. They realize it has actually given them a place to bring Grace (and their other three kids) that is familiar and routine (eliminating some of that sensory background noise) but also offers diverse enough programs that can continue to help her grow and manage her sensory issues constructively. She's always happy to come to the Y and seems to feel a sense of community here. They frequently utilize the youth center for her proprioceptive needs (muscles and joints) and she's a gymnastics student, too. Grace's parents have been amazed at how invested the Y staff have been helping Grace (and their other kids) succeed.



Chloe and Carson's Story:

Just before Christmas, two school-age children in our Child Development Center lost their father in a car accident. Though this continues to be an incredibly difficult time in the lives of these

children, our Y has been able to play a small part in bringing them some joy and relief. Initially, this support came through being a part of the Y Child Development Center family. Though Chloe and Carson had previously only attended every other week, we were able to secure spots during the additional weeks for them as well. Having a safe place for the children to go and fun activities and friends to help keep their minds occupied are a daily blessing. One beautiful picture was the first day Chloe was back and another child sat with her and they talked through what Chloe was feeling as they played. Carson has struggled with some loud and negative behaviors since this event in his life. Through it all, we have maintained good communication with Mom and continue to help him walk through these responses.

Practically, the Y was able to offer the family some toys at Christmastime. We were also able to offer a scholarship to help offset costs of additional attendance and changing incomes. In seeking another way to support the family, Mom let us know that she felt a birthday party for the Chloe and Carson at the facility would give them a chance to enjoy something fun as a family. The Y was blessed to be able to provide the family with use of the facility to celebrate life together.

FINANCIAL REPORT:

Fiscal year ending December 2019

Every day at the Y, we work to make our communities stronger. That work simply wouldn't be possible without a strong financial foundation. Our cause and our financial commitments go hand in hand. That's why we closely track all of our efforts, carefully measuring the impact and keeping a keen eye on the bottom line. The following information demonstrates our financial stability and growth in 2019. You will see that we have managed to keep our business strong. And this makes our commitment to our cause even stronger.

	Audited 12/31/2018	Audited 12/31/2019
ASSETS		
Cash & Cash Equivalents	\$ 1,016,634	\$ 867,294
Certificates of Deposit	\$ 10,030	\$ 10,000
Accounts & Interest Receivable	\$ 30,152	\$ 25,958
Promises to Give:		
United Way	\$ 46,500	\$ 46,500
Contributions	\$ 0	\$ 10,050
Inventory	\$ 1,430	\$ 1,134
Investments	\$ 2,431,422	\$2,910,495
Facilities & Equipment		
Net of Accumulated		
Depreciation	\$ 2,440,562	\$2,306,544
Deposits & Prepaid Expenses	\$ 29,509	\$ 25,554
TOTAL ASSETS	\$ 6,006,239	\$6,203,529
LIABILITIES & NET ASSETS		
Accounts Payable	\$ 56,033	\$ 52,912
Employee Withholdings	\$ 410	\$ 983
Sales Tax Payable	\$ 5,184	\$ 4,950
Accrued Expenses	\$ 26,117	\$ 31,860
Deferred Membership Income	\$ 36,038	\$ 36,648
Scholarships Payable	\$ 20,500	\$ 18,000
Notes Payable	\$ 55,503	\$ 30,522
TOTAL LIABILITIES	\$ 199,785	\$ 175,875
NET ASSETS	\$5,806,454	\$6,027,654
TOTAL LIABILITIES & NET ASSETS	\$6,006,239	\$6,203,529

BY THE NUMBERS: 2019, THE YEAR IN REVIEW

CHILD DEVELOPMENT CENTER

Most comprehensive child development center in Shelby County, serving infants, toddlers, preschoolers, and school age children.

- 300 kids & families served
- 75% of those were on some form of financial assistance
- Numerous unique experiences including:
 - STEM lab courtesy of Honda of America and the United Way of Shelby County
- Summer Day Camp, with field trips both in and out of Shelby County, special guest visitors and more!



60%

of children who
drown are 10ft
away from
safety

**over
300**

children learned
life-saving
skills at Water
Safety
Week

1,200

served in our
aquatics
programs



HEALTH & WELLNESS BENEFITS

- Largest, most complete Wellness Center in Shelby County
- Group Exercise Classes
 - over 50 land and water classes offered weekly
 - year-round heated pool
- Personal Trainers available.
 - 115 personal training sessions in 2019
- New Espresso Bikes
 - included new features as well as touch screens
 - Rally for the Y raised over \$300 for Community Partners



YOUTH PROGRAMS

- Friday Fun Nights
 - 144 kids served
- Basketball Camps & Clinics
 - 178 kids participated
- Kinetics Summer Camps
 - 250 kids participated
- Youth Leagues
 - 500 kids participated

MEMBERSHIP

- Families - 292 units
- Adults - 185 units
- Youth - 102 units
- Senior Adults - 48 units
- Senior Families - 17 units
- Number of units receiving financial assistance - 298



HEALTH & WELLNESS OUTREACH

- Offsite Corporate Classes
 - An average of 80 participants weekly across Emerson, Airstream, Wilson Health, and Dorothy Love
- New Community Advisory Board
 - Partnering with Wilson Health, Relay for Life, and Shelby County Health Department



SPECIAL EVENTS

- Healthy Kids Day sponsored by Wilson Health, City of Sidney and Shelby County Help Me Grow
 - 400 participants
- Easter "Eggquatics" Hunt in the pool
 - 47 participants
- Drive 4UR Community Fundraiser by Buckeye Ford
 - \$6,200 raised for Community Partners
- Water Safety Week supported in part by Minster Bank, Ruese insurance, Sidney Daily News and Fricker's (over 300 participants)
- Y-FEST presented by Wilson Health
 - \$45,000 raised for Community Partners
- Floating Pumpkin Patch sponsored by Crossway Farms
 - 53 participants

FINANCIAL ASSISTANCE

In 2019 over \$151,000 was raised but over \$275,000 was provided in financial assistance. Funds from the Community Partners campaign helped:

- 75% of kids in our Y Child Development Center
- 2,000+ individuals in Shelby County
- 16 Cancer patients in the LIVESTRONG at the YMCA program
- 26 participants in the Delay the Disease program

