FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Job Title: **Gymnastics Experience Lead**
FLSA Status: Hourly
Status: Part-Time
Department: Gymnastics
Reports to: Program Director
Revision Date: 9/2/2026

POSITION SUMMARY:

This position supports the work of the Y, a leading nonprofit committed to strengthening community through youth development, healthy living and social responsibility. Develops, organizes, and implements high quality YMCA gymnastics programs.

ESSENTIAL FUNCTIONS:

1. Assists in the planning and coordination of the implementation of all aspects of the Progressive Gymnastics, Tumbling and Ninja programs of the association.
2. Assists in leading and coaching all programs from tots to team levels in the Gymnastics area.
3. Models, teaches, and demonstrates the YMCA Core Values of caring, honesty, respect, responsibility, and faith.
4. Teaches proper skills on each apparatus for each team member/program participant.
5. Assists in evaluation/assessment of skills for each gymnast periodically and communicates assessment to Program Director.
6. Communicates all financial needs in advance and turns them into the Program Director
7. Works to enhance, promote, and grow the YMCA Gymnastics Programs throughout the community.
8. Creates a culture of safety by training gymnastics staff; works to prevent and minimize injuries by eliminating hazardous situations or dangers both at the YMCA and off site; capable of handling an emergency if one should arise.
9. Complete annual youth abuse prevention training and other related trainings.
10. Assists in the planning and coordination of the implementation of Gymnastics Summer Camps.
11. Assists in the planning and coordination of the implementation of Tots Nights, Kids Nights, Teen Nights and other special events in the Gymnastics Department.
12. Assesses and recommends budgeting for Gymnastics and equipment needs.
13. Assists in the Development of new programs to meet member needs. Develops, produces and disseminates appropriate program information in order to promote programs to the public and to current members.
14. Maintains accurate records/monthly reports of all Gymnastics programs.
15. Builds relationships with members and program participants.
16. Assists in the growth of the Volunteer Program- including engaging volunteers, working to maintain the proper process for the Volunteer to ensure Child Abuse Prevention.
17. Provides excellent member service.

YMCA COMPETENCIES (Team Leader):

Mission Advancement: Models and teaches the Ys values. Ensures a high level of service with a commitment to changing lives. Provides volunteers with orientation, training, development, and recognition. Cultivates relationships to support fund-raising.

Collaboration: Champions inclusion activities, strategies, and initiatives. Builds relationships to create small communities. Empathetically listens and communicates for understanding when negotiating and dealing with conflict. Effectively tailors communications to the appropriate audience. Provides staff with feedback, coaching, guidance and support.

Operational Effectiveness: Provides others with frameworks for making decisions. Conducts prototypes to support the launching of programs and activities. Develops plans and manages best practices through engagement of team. Assists in effectively creating and helps manage the budgets.

Personal Growth: Shares new insights. Facilitates change; models adaptability and an awareness of the impact of change. Utilizes non-threatening methods to address sensitive issues and inappropriate behavior or performance. Has the functional and technical knowledge and skills required to perform well; uses best practices and demonstrates up-to-date knowledge and skills in technology.

QUALIFICATIONS:

1. 1-2 years related experience preferred, as a coach or instructor of Gymnastics, Acrobatics, and/or Cheerleading programs.
2. Minimum age of 21
3. Ability to relate effectively to diverse groups of people from all social and economic segments of the community.
4. Must like working with children of all ages.
5. Must have some basic Gymnastics, Cheerleading, and Acrobatics knowledge.
6. Teaching skills in progression is a must. Basic skills must be mastered before progressing to a more difficult skill.

PHYSICAL DEMANDS

1. Sufficient strength, agility and mobility to perform essential functions of position and to safely supervise gymnasts.
2. Spotting technique is critical. Instructor must be able to lift and sometimes carry participants to a safe landing.