



LIVING OUT OUR MISSION:

To put **CHRISTIAN PRINCIPLES** into practice through **PROGRAMS** that build **HEALTHY SPIRIT, MIND, & BODY FOR ALL**



2nd QUARTER, 2026

SIDNEY-YMCA.ORG

GUIDING GRACE

As we move into the second quarter of the year, the rhythm of life begins to change. School hallways quiet down, summer calendars begin to fill, and families look forward to longer days and new adventures. This season is a reminder that God designed life with seasons — times for learning, growing, resting, and renewing.

Summer often gives us opportunities to slow down just enough to reconnect with what matters most. Whether it's spending time with family, serving others, enjoying God's creation, or simply taking a breath from the busyness of the school year, these moments can refresh both body and spirit. At the YMCA, we are grateful to walk alongside our community through every season, helping individuals and families grow stronger in spirit, mind, and body.

As routines shift and schedules change, may we continue to seek God's guidance and look for ways to share kindness, encouragement, and hope with those around us. Sometimes the smallest moments — a conversation, a helping hand, or a welcoming smile — can reflect Christ's love in powerful ways.



WHAT'S HAPPENING?



Our CEO David O'Leary, along with Operations Director Neil Murphy and Christian Mission Committee Chair Jeff Banks, recently visited with Shannon Russell-Marshel, Executive Director of the Ascension St. Vincent YMCA, and Josh Heaston, Director of Christian Mission, both with the YMCA of Greater Indianapolis.

The group spent time sharing ideas and inspiration as we continue planning for the new chapel space at our Y — a place that will provide opportunities for reflection, prayer, connection, and spiritual growth within our community.

We are excited for what's ahead as we continue building spaces that strengthen spirit, mind, and body for all.

PROCEEDS SUPPORT OUR COMMUNITY PARTNERS CAMPAIGN

**TAKE THE WHEEL.
HELP YOUR COMMUNITY.**

For every test-drive taken, Ford will donate \$30 to the Sidney-Shelby County YMCA's Community Partners Campaign, up to \$6,000 total.*

**Thursday, May 21, 2026
8am to 6pm**

Chance to WIN a \$50 Gas Card!

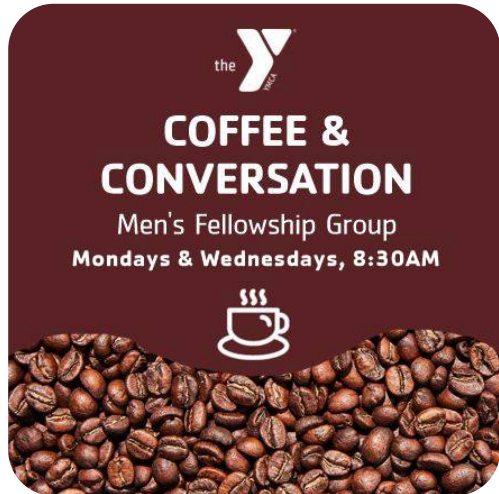
at the Sidney-Shelby County YMCA
300 E. Parkwood Street, Sidney

- *Please note:**
- NO PURCHASE NECESSARY
 - Must be at least 18 years of age or older with valid driver's license and valid automobile insurance
 - Limit 1 donation per household
 - Must complete the short pre and post survey in order for the test drive to count



Register at
<https://driveforourcommunity.com/MPW06>
or scan the QR code above.

WHAT'S HAPPENING? (continued)



Men's Fellowship: Coffee & Conversation – meets Mondays & Wednesdays 8:30am in the Y Lobby. All men of any denomination are welcome. Y membership is not required. Come enjoy some free coffee and faith-filled fellowship!

Looking for a church home? Did you know that TWO churches meet at the Y on Sundays? If you don't have a church home, consider checking out The Valley Church at 9:15AM and 11AM or New Covenant Church at 10:30AM. All are welcome!

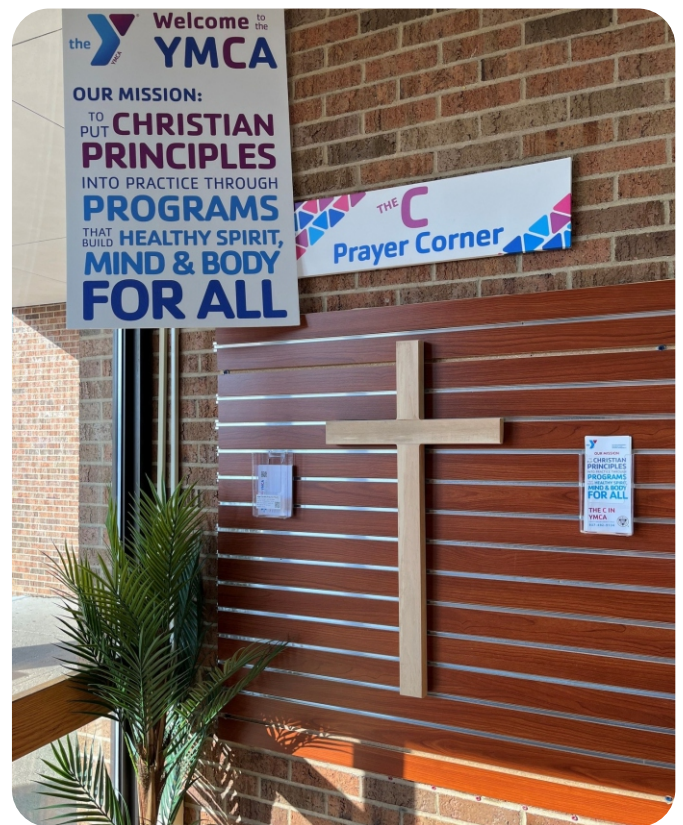
YOUR GIFTS IN ACTION



A heartfelt thank you to everyone who supported our Annual Community Partners Campaign during the public phase of our campaign in late March and early April! Thanks to your generosity, we successfully reached our public goal of \$36,000. While we celebrate this milestone, we still have a long way to go toward our overall goal of \$155,000. Every gift helps strengthen our mission and impact in the community. To learn more about supporting the campaign, please visit sidney-ymca.org/give

HOW CAN WE PRAY FOR YOU?

We believe in the power of prayer and are here to support you in whatever you may be facing. Share your prayer needs on our digital prayer wall, fill out a prayer card in the prayer corner, or meet with someone in person for prayer support. Let us walk with you in faith. Learn more at <https://sidney-ymca.org/christian-mission>



HOW CAN WE SERVE YOU?

Feel free to contact any of the pastors from our Christian Mission Committee at the email addresses below:

- Pastor Cindy Porter
cindy.porter@thevalley.church
- Pastor Mike Mitchell
pastormikeumc@gmail.com